

Lunch Menu *WEEK 2*

THE LONDON
ORATORY SCHOOL



	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Main Meals</i>	Soup of the Day with Croutons		Soup of the Day with Croutons	Soup of the Day with Croutons	Soup of the Day with Croutons
	Chilli con Carne with Brown Rice		Cajun Pork Loin Steak with Mashed Potatoes	Chicken Tagine, Vegetables & Couscous	Whole Tail Scampi with Tartare Sauce
	Vegetables & Corn Tortilla Bake		Gnocchi with Spinach & Tomato Sauce	Moroccan Spiced Vegetables & Chickpeas Tagine	Quorn Vegetable Shepherd's Pie
<i>Pasta Bar</i>	Wholegrain Pasta with Amatriciana Sauce	THEME DAY	Wholegrain Pasta with Tomatoes	Pasta with Carbonara Sauce	Wholegrain Pasta with Tomatoes & Aubergines
<i>Side Dishes</i>	Steamed Carrots		Savoy Cabbage	Grilled Courgettes	Potato Wedges
	Steamed Green Beans with Garlic & Red Onion		Steamed Broccoli	Steamed Carrots	Petits Pois
	Selection of Freshly made Salads		Selection of Freshly made Salads	Selection of Freshly made Salads	Selection of Freshly made Salads
<i>Dessert</i>	Fruit Salad, yoghurt pots, Jelly, Cold dessert of the day		Fruit Salad, yoghurt pots, Jelly, Cold dessert of the day	Fruit Salad, yoghurt pots, Jelly, Cold dessert of the day	Fruit Salad, yoghurt pots, Jelly, Cold dessert of the day
	Low Fat Cheesecake with Fruit Topping		Brioche Bread & Butter Pudding with Chocolate Sauce	Butternut Squash Cake	Vanilla Cake