



THE LONDON ORATORY SCHOOL

RECORD OF ACHIEVEMENT FOR KEY STAGE THREE PUPILS

While School is closed to pupils we have set a number of challenges for pupils in first, second and third form which altogether can form a Record of Achievement to present on return to School. This is a voluntary activity. You might choose to focus on one challenge in your favourite subject which can then be shown to your teacher and the relevant department when you return to School. Some departments may have rewards on offer! If you feel ready for a bigger challenge you might select more of the activities and do a little each day to compile your Record. The challenges are meant to be done over weeks, in your leisure time, or at any point you find you have completed all the work your teachers have set, or you just want a break from work, work work!

Although some of the tasks do require computer access many do not. Some are based in the home, some can be done when you are out for a little exercise.

Completing a series of challenges will earn pupils a special Headmaster Commendation; we are not expecting any or many boys to manage all the challenges but, depending on the length of school closure, it might just be possible!

So here are your LOS 'Lockdown' Challenges.

The **Maths Department** has set the following challenge:

To: complete the three tasks on the Maths Tasks document.

To carry this out you will need: the tasks sheet from SMHW, paper and pencil, brainpower.

As evidence we will need: you to bring your solution sheet into school when you return with parent's signature to confirm you worked them out yourself.

The **RE Department** has set the following challenge:

To make a virtual pilgrimage and complete a diary entry about your visit. One potential source of information and ideas is <https://catholicpilgrimagesites.wordpress.com/virtual-tours-e-pilgrimages/> or you might first choose a destination and then search for virtual tours to your area of choice. Good possible destinations include: Rome, Lourdes or Jerusalem, <https://holylandpilgrimages.org/virtual-holy-land-tour/> .

To carry this out you will need: Access to the internet, paper, pens and pencils.

As evidence we will need to see your diary on return to school.

The **History Department** has set the following challenge:

Look at the LOS History Companion (on the website under Covid-19 communications) and

- (i) Read two of the books of the Historical Association List*
- (ii) Do one of the ideas out of either the Local, Family or LOS History sections
- (iii) Do one out of the Holiday or Visit suggestions

To carry this out you will need: The LOS History Companion (*Please e mail pdevereux@los.ac if you cannot access this and would like a copy posted to you*)

As evidence: Parents should sign to confirm you have read the books and you should bring the pieces you produce, such as a local history guide, family tree, holiday route, quiz answers, depending on the particular task you choose to school on return.

**if you don't have these at home as hard copies, many are available to purchase on line at reasonable price or can be borrowed from online Libraries, or acquired digitally for an e reader)*

The **Science Department** has set the following challenge:

Observe a habitat (e.g. a park or estate). Note down as many producers and consumers that you can find in that habitat. Draw a food web using the producers and consumers you've observed as well as trying to fill in missing consumers that may be in your habitat (you may need to use the internet to help). Construct a colourful poster of your food web or habitat explaining the feeding relationships and adaptations of the organisms.

To carry out this challenge you will need: to explore the local area, a notebook, paper and pencils.

As evidence: You will need your parents to sign the back of the poster to confirm it was all your own work.

The **English Department** has set the following challenge (choose 1):

- (i) enter a writing competition. A full list of British competitions can be found here: <https://schoolreadinglist.co.uk/competitions-for-children/childrens-writing-competitions/>
- (ii) create an anthology of 'lockdown' poems being published, including their own
- (iii) rewrite a famous ending to a novel of your choice.

To carry out this challenge you will need (depending on your choice) ideas, pen and paper, newspapers, books on your bookshelf.

As evidence you will need to bring your entry, anthology or ending to school on return.

The **Art Department** has set the following challenge (choose 1):

- (i) Draw the view from a window.
- (ii) Make a photo montage of what your family is doing during isolation.
- (ii) Recreate an old master painting, or sculpture, using photography or photoshop.

To carry out this challenge you will need: an eye for detail, paper, pencils, any other materials and media you wish to use depending on choice of challenge.

As evidence you will need to bring your creation into school to show your Art teacher on return.

The **Design Technology Department** has set the following challenge:

Design, Engineer and Make a mechanical toy that can be used in your home

To: Make a Mechanical Toy. Using paper & card, design & make your own mechanical toy. (robives.com and flying-pig.co.uk for inspiration). Materials you might find useful: packaging, tape, paper clips, pennies (for weight), buttons, bottles & lids, Blue Tac, paper fasteners.

To carry this out you will need to use items already in your home as mentioned above.

As evidence we will need: To bring your game or a photo of your toy into school when you return with parent's signature to Mr Farragher to confirm you completed the challenge.

The **Geography Department** has set the following challenge:

To: Complete the 'world beyond my window' young geographer of the year competition from the RGS (see Appendix 2).

To carry this out you will need: the information sheet from SMHW, computer, brainpower.

As evidence we will need you to: submit the entry via SMHW - the best entries will be entered in to the competition! In previous years two of our pupils have won the competition in their Key Stage category.

The **PE Department** has set the following challenge:

To do:

- (i) 5 km in under 40 minutes
- (ii) circuit training - 3 times in 18 minutes (40 seconds active with 20 seconds rest - star jumps, running on the spot, squat thrusts, plank, straight arm punches)
- (iii) step count over 15,000 at least once a week.

To carry out this challenge you will need: access to outdoor space for running and indoor or outdoor space for circuit training, a good long walk at least once a week. A timer, pedometer app or health screen on phone.

As Evidence: The runs and step count should be shown in a screen shot with a pedometer app or health screen on a phone. Running apps can be used such as Strava and Runkeeper which are free to download. An e mail or print of screen shot or parent signature to confirm the challenge has been met to be produced on return to school.

The **Classics Department** has set the following challenges – you may decide to pick one or two (you do not have to study Latin to try these):

1 To: Find the Latin mottos and translations of:

- * 10 football teams
- * 10 schools or universities
- * 10 kings or queens of England

As evidence we will need: you to bring your solution sheet into school when you return with parent's signature to confirm you worked them out yourself.

2 To: Learn off by heart any or all of the following Latin prayers:

- * Ave Maria (Hail Mary)
- * Regina Caeli (O Queen of Heaven rejoice: a Marian antiphon for Easter)
- * Salve Regina (Hail Holy Queen: a Marian antiphon for the rest of the year)
- * The Nicene Creed (Credo in Unum Deum)

A useful online site for these prayers is: <http://www.preces-latinae.org/index.htm>

As evidence we will test you in class on return to school.

3 To: write a presentation on one of the following classical heroes:

- * Achilles
- * Ajax
- * Odysseus
- * Perseus
- * Theseus
- * Aeneas

As evidence you will give a 3 minute presentation in class on return to school.

The **Music Department** has set the following challenge:

To: Compose and perform a song or other piece of music (on your own or with others). One of these will be selected to be performed in a school concert.

To carry this out you may wish to use one or more of the following: paper and pencil, manuscript paper, a music programme such as GarageBand or Sibelius, one or more instruments; or any other resources. But you could also attempt this challenge just using your voice! If you are working in a group, you could consider using an online platform to put your piece together.

As evidence you could:

Write out your piece and practise performing it.

Bring in a score/recording of the piece to school when you return.

Record it as an mp3 or mp4 file and bring into school when you return.

LOS Challenges (choose any that capture your imagination)

- 1 Create a recipe for a special LOS occasion.
- 2 Write a Guide for new pupils to LOS.
- 3 Write a letter to the Headmaster on a subject you think will interest him.
- 4 Write a leaflet and rules for a new LOS extra-curricular activity.

As evidence for (i), (ii) and (iv) you should hand your recipe, guide or leaflet to your Housemaster on return to school.